



## Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta bolognese	Chicken & Sweetcorn Pie, mash & Gravy	Roast Chicken of Pork, potatoes & Gravy	Cottage Pie	Fish Fingers & Chips
VEGETARIAN	Vegetarian Meatballs in tomato sauce with Rice	Cheese & Tomato pasta twists	Cauliflower & Broccoli bake	Mixed bean Fajita	Vegetable Nuggets & Chips
JACKET POTATO	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
SIDE DISH	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERTS	Chocolate Cookie	Apple Sponge	Iced Lemon Cake	Sultana Oaty Cookie	Fruity Friday

SERVED W/C: 09/03, 30/03, 04/05, 01/06, 22/06, 13/07, 07/09, 28/09, 19/10  
 Available Daily – Fresh Bread, Salad, Seasonal Vegetables, Water, Fruit, Yoghurt



# School Lunch menu

### Food for Life

With this menu we continue with our achievement of Food for Life menu which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit [foodforlife.org.uk/schools](http://foodforlife.org.uk/schools)

### Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





## Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken & Tomato Pasta	Pork Sausage, mash potato & Gravy	Roast Loin of Pork, potatoes & Gravy	Lasagne with potato	Fish Cake & Chips
VEGETARIAN	Macaroni Cheese	Vegetarian Sausage, mash potato & Gravy	Vegetarian Lasagne with potato	Vegetable Frittata with potato	Vegetable Fingers & Chips
JACKET POTATO	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
SIDE DISH	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERTS	Flapjack	Vanilla Ice Cream & Fruit	Shortbread	Chocolate Brownie	Fruity Friday

SERVED W/C: 24/02, 16/03, 20/04, 11/05, 08/06, 29/06, 20/07, 14/09, 05/10  
 Available Daily – Fresh Bread, Salad, Seasonal Vegetables, Water, Fruit, Yoghurt



## Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Pizza with wedges	Mild Chicken Korma with rice	Roast Turkey, potatoes & Gravy	Beef meatballs with pasta	Fish Fingers & Chips
VEGETARIAN	Cheese & Tomato Pizza with wedges	BBQ vegetable mixed bean wrap	Cheese & baked bean puff	Vegetarian pasta bolognese	Vegetable Fingers & Chips
JACKET POTATO	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling	Jacket Potato with a choice of filling
SIDE DISH	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERTS	Apple Flapjack	Cinnamon Oaty Cookie	Vanilla Ice Cream	Jam Tart	Fruity Friday

SERVED W/C: 02/03, 23/03, 27/04, 18/05, 15/06, 06/07, 31/08, 21/09, 12/10  
 Available Daily – Fresh Bread, Salad, Seasonal Vegetables, Water, Fruit, Yoghurt