



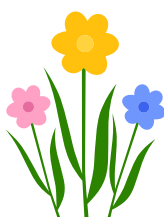
Welcome to our Spring Term Newsletter

As we come to the end of a busy and rewarding spring term, I would like to take a moment to thank you for your continued support. This term has been full of learning, creativity, and memorable experiences, and it has been wonderful to see the children grow in confidence, independence, and enthusiasm.

From classroom achievements to trips, events, and shared celebrations, the children have embraced every opportunity with positivity and resilience. We are incredibly proud of all they have accomplished and grateful for the strong partnership between home and school that helps make this possible.

I wish you a relaxing and enjoyable break and look forward to welcoming everyone back refreshed and ready for the next term ahead. Thank you once again for your ongoing encouragement and support.

Mrs Reynolds



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Attendance Matters

'Be present, be engaged and watch your knowledge grow.'

Communication Staying Connected

We are committed to keeping families informed, involved, and connected throughout the school year.

If you have any thoughts or concerns, please contact the school office to arrange a meeting with your child's teacher or a relevant staff member:

☎ 01536 722757



reception@stmarys.pdet.org.uk

Please remember to let us know if you change your telephone number, email or address.

Attendance Percentage	
100% (full attendance) 96% or above	Excellent Expected (this allows for 7-8 days of absence)
90-95%	Cause for Concern
Below 90% (persistent absence) Below 50% (severe absence)	Academic Achievement will be affected

**Attendance for the term:
92.6%**

**Attendance for the year:
93.4%**

**Winning class this term:
Kindness, 96.9%**



Collective Worship ~ Perseverance

This term, our whole school focus was on the value of perseverance. Perseverance encourages us to keep going when things feel challenging, to remain hopeful when progress feels slow, and to trust that growth often comes through effort and patience.

Throughout the term, the children have explored what perseverance looks like in their learning, relationships, and spiritual lives.

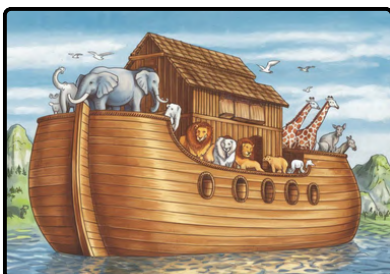
In school, perseverance has been shown by tackling a difficult piece of work, practising a skill that doesn't come easily, or learning from mistakes rather than giving up. These moments have helped children build resilience, confidence, and a positive mindset that will support them throughout life. Perseverance is also deeply rooted in our Christian faith and spirituality.

Many Bible stories remind us that God is with us through times of struggle and uncertainty. The stories that we have looked at this term are Noah's obedience, Moses leading the Israelites, David facing Goliath, and Jesus' determination to follow God's will.

These stories helped children understand that perseverance is not just about personal strength, but about trusting God and continuing to do what is right, even when the journey is hard.

Through collective worship, class discussions, prayer, and reflection, children have been encouraged to think about how perseverance helps them grow spiritually and how they can support and encourage others when challenges arise. By focusing on this value, we aimed to nurture children who are resilient, compassionate, and confident in both their abilities and their faith.

We hope that the children can continue to show perseverance and achieve their goals.

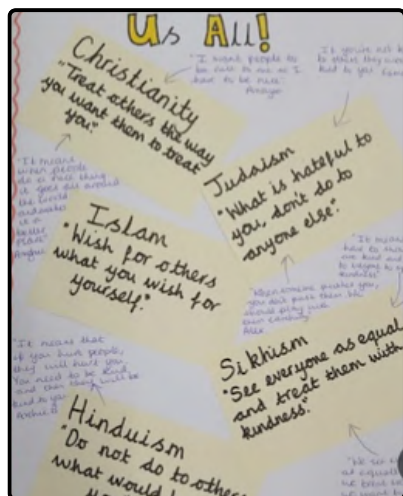


R.E Day

Thursday 22nd January saw all our Children from EYFS to Year 5 and 6 experience another excellent R.E. Day. These events give our children the opportunity to explore the world, its religions and beliefs and think deeply about what matters to them.



This R.E. Day focussed around 'The Golden Rule' which all religions and non-religious people have in common: "Treat people how you want to be treated".



EYFS explored "Do unto Otters..." and accepting new people in our lives. They have made otters and thought about how they would like to be treated and what acts of kindness they can do.



Key Stage 1 had lots of fun linking their current Judaism unit to Tikkun Olam (the concept of improving and healing the world) They made flowers for a kindness garden and explored the Jewish story "One Small Spark". They learnt about how they all can make a difference.



Years 3 and 4 listened to Stormzy "Blinded by your Grace" and the Christian perspective of how treating the world and everything in it with kindness and respect makes a difference no matter who we are.



Years 5 and 6 watched a folk tale "The Hummingbird" that explored the Humanist (non-religious) views. The children identified not only themes of kindness and respect but more deeply the perseverance needed to make a difference.



Speaking with staff and children, the day was enjoyed by everyone, listening to the thoughts and ideas of our children, it is reassuring to know that the future of our community is in good hands.

Safeguarding ~

At St Mary's, the safety and wellbeing of every child is our highest priority.

Safeguarding is at the heart of everything we do, and we want to take this opportunity to explain what safeguarding means and how we work with families to keep children safe.

What is safeguarding?

Safeguarding means protecting children from harm and ensuring they grow up in a safe, caring and supportive environment. This includes keeping children safe at school, noticing when something may be worrying or affecting a child, and taking appropriate action to offer help and support when it is needed.

All our staff are trained in safeguarding and follow clear procedures set out by national guidance and the local authority. We work closely with parents, carers and external agencies to make sure children receive the right support at the right time.

Our new attendance and wellbeing protocol

As part of our ongoing commitment to safeguarding, we have introduced a new protocol. If we have not seen a child for **four consecutive days**, a member of staff will carry out a **home visit, even if we have heard from the family**. This is not about checking up on families or making assumptions. The purpose of a home visit is simply to make sure that the child is safe and well and to offer support if it is needed. We understand that there are many reasons a child may be absent, and we aim to approach every situation with care, understanding and sensitivity.

How parents can help

We kindly ask parents and carers to inform the school as soon as possible if their child is going to be absent, and to keep us updated if an absence is longer than expected. Good communication helps us to support your child effectively.

Thank you for your continued support and partnership. By working together, we can ensure that St Mary's remains a safe, happy place where every child can thrive.

If you have any concerns, or want to know more about our procedures please speak to a member of the safeguarding team.

Safeguarding

St. Mary's Primary School is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. We are fully committed to ensuring that consistent, effective safeguarding procedures are in place to support families, children and staff at school.

We follow the procedures set out by our Child Protection Policy and take account of guidance issued by the Department for Children, Schools and Families (in particular Safeguarding Children and Safer Recruitment in Education 2007).

Any concerns about a child, however small, is reported through our MyConcern recording system to the Safeguarding Team.

Sarah Reynolds



Principal and Designated Safeguarding Lead

Cara Bolton



Deputy Designated Safeguarding Lead, Deputy Principal, SENDCo and Inclusion Lead

Tracy Molsher



Deputy Designated Safeguarding Lead and Family Support Worker

Emma Campbell



Deputy Designated Safeguarding Lead and Learning Mentor

AWARDS / ACHIEVEMENTS

Courageous Advocacy

Shoebbox Appeal

So often we have children who say we should help others, but not so often do we have children who come forward with an idea and a plan. Our Riley Anderson in Year 4, did just that!

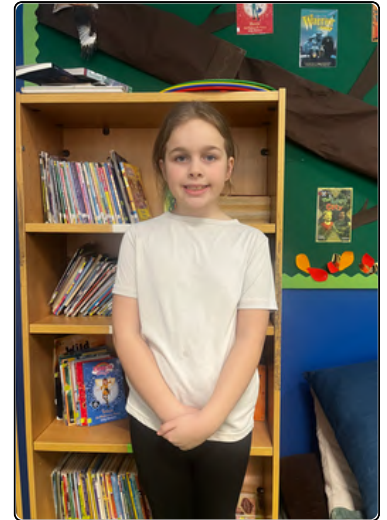
Shortly before Christmas, Riley identified local charities who were collecting gifts for children in our local community. Miss Sanders remembered this was a project we had run in previous years and wanted to help Riley put her plan into action.

Despite launching the project during November, we were overwhelmed by the generosity and kindness from our families at such short notice and were able to send in shoe boxes to the several local charities and know that even the last few gifts that came in on the last day of term made their way to the Skylark Children's ward at the Kettering General Hospital.

When asked why Riley felt motivated to reach out to her local community, she replied, **"Everyone deserves a good Christmas."**

We are reminded that a little bit of love goes a long way and the smallest of actions can make a difference to our world.

We kindly thank all families who contributed the shoe boxes and gifts.



Well done to all our children and adults who have received an award this term.

Whether it was for persevering with your learning, showing kindness and respect, or simply striving to be the best you can be.

We see it, we recognise it, and we are proud of you.

- ✚ Values Award – chosen by the class teacher for living out our school values.
- 🎓 Achievement Award – recognising academic progress or effort.
- ⚽ Sports Award – celebrating teamwork, skill, or sporting spirit.
- 👑 Headteacher's Award – for exceptional contributions to school life.
- 🌟 Celebration of work -we love to recognise children who go above and beyond in their learning.
- 🕒 Attendance - recognising the importance of being present, engaged and ready to learn.
- 📖 Reading - celebrating children who read regularly – at school and at home.
- 🎸 TT Rockstars achievements.

In addition we also celebrate:

Student to Student awards / Staff to Parent / Sports achievements in school / Courageous advocacy / Outside achievements

KINDNESS AMBASSADORS

Kicking off the New Year with Kindness



Our first term of the New Year has kept us busy spreading lots of kindness! In fact, we started January by thinking about how we can 'kick off the New Year with kindness'! We asked everyone if they could come up with some New Year Kindness resolutions – goals we can set ourselves to achieve over the coming months that will help show kindness to ourselves, others and the environment. We had some wonderful suggestions, and we know how hard you will all work to keeping those promises to yourselves!



NSPCC SPEAK OUT, STAY SAFE

A very important message was delivered in January, when we invited the NSPCC into school, and we learnt all about the Speak Out, Stay Safe programme. All year groups had an assembly delivered, helping children to identify their safe adults, and understand that all children have the right to stay safe. Then, Years 2, 5 and 6 were given a workshop by some NSPCC volunteers, where we explored things even

Further, recognising the different kinds of abuse someone might experience, learning the actions to help remember the Childline phone number, and getting to meet Buddy, the NSPCC mascot. We have also been following this all up with some extra lessons that will embed all this knowledge. Safeguarding is such an important thing to be aware of, and we're very proud how much everyone in our school works so hard to keep us all safe – not least by showing so much kindness to each other!

TIME TO TALK DAY

February has seen some miserable weather, but we haven't let it dull our sparkle in school! On Thursday 5th February we celebrated Time To Talk Day, an initiative set up by Mind to see friends, families, communities and workplaces come together to talk, listen and change lives. We wanted to encourage everyone to take some time to have a conversation about how they're feeling to combat the stigma that still exists around mental health. Talking openly and honestly can be the first step towards better mental health for everyone, and help people feel comfortable enough to seek help when they need it.



We decided to encourage the chat by creating a 'Conversation Starter' box. Each class received a box containing lots of questions to encourage conversation around our feelings. Questions ranged from everything from 'Who or what made you smile today?', to 'What is one thing you like about yourself?', to 'What do you wish grown-ups knew about kids?'. We had some wonderfully interesting and thoughtful answers, well done to everyone who got chatting!

CHILDREN'S MENTAL HEALTH WEEK

The biggest project this term has been the participation in Children's Mental Health Week. The theme this year was 'This is my place', which has encouraged us all to start thinking about where we belong. That means feeling like you're part of something, such as your family, your school, your group of friends or a team. These happy moments help us feel connected, valued, and accepted. When we feel like we belong, we feel happy, safe, and ready to learn and play. It helps us grow strong in our minds and bodies, and it makes it easier to make friends, do well in school, and feel good about ourselves. During Children's Mental Health Week, we talked about how we can help everyone feel like they belong. We were able to learn how to be kind, include others, and make sure no one feels left out. Because everyone deserves to feel like they have a place where they are accepted, cared for, and loved.

WHY DOES BELONGING MATTER FOR MENTAL HEALTH?

Our mental health flourishes when we feel connected and valued. When children and young people have a strong sense of belonging, they:

- Feel more confident to be themselves and try new things.
- Develop resilience to cope with challenges and setbacks.
- Build stronger relationships and communication skills.
- Experience less anxiety and loneliness.
- Have better self-esteem and understand their own worth.
- Feel motivated to contribute positively to their communities.

Belonging isn't just one thing or one place. You might belong in different ways across different parts of your life:

AT HOME: With family members who know your quirks and support your dreams.

AT SCHOOL: In classrooms where your ideas are heard, with teachers who believe in you, and among friends.

IN ACTIVITIES: Music, dance, art or where your passions come alive.

IN COMMUNITIES: Religious or cultural groups, neighbourhood communities, online spaces, or volunteer organisations where you contribute and connect.

WITH FRIENDS: Those special people who truly understand you, make you laugh, and stand by you through good times and difficult ones.

WITHIN YOURSELF: The most important belonging of all – feeling comfortable in your own skin and accepting yourself as you are.

Dream - Believe - Achieve

So with this in mind, we have been asking children to think about where they belong, what makes us feel that we belong, and how we can make other people feel welcome, and that they too belong. We have enjoyed completing some activities, including making a whole school 'mosaic', representing all the different places we feel like we belong, which will create a wonderful piece of artwork outside the Rainbow Room. As well as this, we have once again welcomed the MHST workers in to school, who have been delivering workshops to support us in thinking about our mental health and building resilience, and we are also looking forward to seeing everyone in their outfits for the mufti day on Friday 13th, dressed in something that shows where they belong.



RANDOM ACTS OF KINDNESS WEEK

Finally, as we move in to the half term break, we wanted to celebrate Random Acts of Kindness Week, a whole week dedicated to promoting kindness and goodwill. It encourages individuals to perform simple, unexpected acts of kindness to brighten someone's day and create a ripple effect of positivity. It's a week to celebrate the power of kindness and compassion.

Children have been set a challenge of seeing if they can carry out a random act of kindness over the half term – we look forward to hearing how many of you achieved this! If this inspires you to want to do more, take a look at the School of Kindness website, where they have amazing prizes to win for completing more challenges!

Please look at the end of this newsletter for more information.

***Have a safe and happy half-term,
From Mrs Campbell and the Kindness
Ambassadors***

“Let your light shine” Matthew 5:16



“Everything is possible for one who believes” Mark 9:23

ECO WARRIORS

Update from the Eco Team 🌱🌍

The Eco Warriors are excited to introduce our brand-new Eco Award, which is being presented every Friday during collective worship.

Each week, our Eco Warriors will be spending their lunchtimes visiting classrooms to see which class is being the most eco-friendly. There will be a different focus each week, so everyone has a chance to shine and show their green credentials!

We're also thrilled to share that we successfully applied to the Woodland Trust and have been granted 30 saplings for our school field. These will be delivered in autumn 2026, and we're really looking forward to watching them grow as part of our school environment.

Another paperless day is planned for the last day of term, helping us reduce waste and think more carefully about how we use resources.



A big thank you as well to Tosia for arranging the upcoming plant sale – what a fantastic initiative!

Thank you to everyone for your continued support in helping our school become a greener, more eco-friendly place 🌱



Values Crew



Hello!
We are the
Values Crew



This term, the Values Crew have been working closely with the church to better understand how it can welcome more families.

They thoughtfully explored what encourages people to attend church, as well as the barriers that may prevent them from doing so.

The team also developed new ideas for how the Values Crew can make a positive impact across the school.

As a result, they have decided to hold:

A Vision Day,

Launch a lunchtime club called

The Calm Corner

and introduce a

Recognition Day

to celebrate children who consistently follow the school rules.

They are excited to launch these after half term.

SCHOOL COUNCIL



This half term Student council have run their first successful lunch time club!

The children in Year 1 and 2 were able to participate in a drawing club which ran every Monday this half term. Jenson, who is the student council representative for Forgiveness Class, wanted to run this club because he loves to draw.

The children created some amazing pieces of work and did a wonderful job following a few draw-along videos. We drew airplanes, cupcakes, koalas and even some beloved movie characters.

This was such a worthwhile club for some children who wanted a clam space to be creative in their lunch time. I look forward to seeing what other club ideas the Student Council come up with in the coming terms!

READING

This term, reading has been a real focus across the school and our Reading Competition has been a great success.

Classes are now recording their weekly average reading scores and sharing them during collective worship, which has been great fun as we celebrate progress and work out which class has the highest average read.

Class average reading score:

	Autumn 1	Autumn 2	Spring 1
Justice	4.4	3.8	3.2
Wisdom	2.9	3.7	2.4
Respect	2.1	2.1	3.5
Hope	2.7	2.5	3.7
Trust	2.1	2.3	2.4
Perseverance	2.8	3.8	3.4
Kindness	4.5	5.6	5.2
Acceptance	3.0	3.0	3.3
Forgiveness	3.7	2.7	3.5

School average reading scores:

Autumn 1 ~ 3.1

Autumn 2 ~ 3.3

Spring 1 ~ 3.7

Parents, we encouraged the children to read at least three times each week, with daily reading where possible.



THE MORE
THAT YOU READ,
THE MORE THINGS
YOU WILL KNOW.
THE MORE THAT
YOU LEARN,
THE MORE PLACES
YOU'LL GO

- Dr. Seuss



We can't wait to see this score increase even further next term!



This year, we have been shining a spotlight on our 144 Club, which celebrates children who are working hard to master their times tables—an essential mathematical skill that helps them work accurately, choose effective strategies, and solve problems with confidence.



$$3 \times 7 = 21$$

$$4 \times 10 = 40$$

$$2 \times 5 = 10$$

$$6 \times 8 = 48$$

The club has four achievement levels: Bronze, Silver, Gold and the full 144,

Children will recall increasingly challenging sets of times tables in just five minutes, all presented in a jumbled order to develop quick recall. We are delighted to celebrate our full 144 Club members so far this year;

Wisdom: Letty, Finley

Justice: Felix, Willow

Respect: Violet, Freddy R, Luca

Perseverance: David, Erin, JD

Trust: Seni

Hope: Isla, Oscar

A special shout out to Freddie S in Respect class and also Olivia, Toby and Kade in Trust class for making phenomenal progress with their times tables so far this year.





We had a fantastic time celebrating NSPCC Number Day! It was wonderful to see the children arrive in their amazing number-themed outfits – we were so impressed with the creativity and effort that went into them.

Thanks to your generosity, we are delighted to share that we raised

£86 for the NSPCC

Thank you for supporting such an important cause.

The children had a lovely day and worked brilliantly in their teams to tackle our number-themed escape rooms. Each phase focused on different mathematical skills.



- Year 1 and 2 solved challenges based on number bonds.
- Year 3 and 4 put their times tables knowledge to the test.
- Year 5 and 6 explored fractions, decimals and percentages.

It was fantastic to see such teamwork, perseverance and enthusiasm for maths throughout the day. Well done to everyone for making it such a success!

SPORTS LEADERS

At the start of this term we saw our sports leaders begin their journey of leading different activities and challenges for the rest of the school at lunch times.

The children have found it fun and challenging but ultimately find it rewarding as they are able to help the younger years.

Unfortunately, there are still one or two groups that haven't been able to do a session due to the weather but hopefully next term the weather will allow all of the leaders to lead their sessions.

Well done to all our Sport Leaders.
Mr Anderson

Here are a few comments from the sports leaders about how they found their first few sessions:

"It was fun, everyone was listening and they were engaged."

"We did snakes in the gutter and chaos tag, it went really well. We also played hills and valleys; all of the kids really enjoyed it and stayed for the whole of lunch."

"It was good, we looked at dribbling in football and then moved onto a small sided game."

"Our activity involved a relay race and a bean bag game which went well, all the children listened and were very respectful."



Celebrating Sport

Key Stage 2 Boccia and Curling Success

This term, I had the privilege of attending a Boccia competition and a Boccia/Curling festival with our enthusiastic Key Stage 2 sports leaders.

We had a fantastic time, demonstrating excellent sportsmanship, perseverance and teamwork throughout both events. The children showed great trust in one another and represented our school wonderfully.

At the Boccia competition, we were delighted to reach the semi-finals. The team were incredibly proud of each other's efforts and are already determined to go even further and reach the finals next time!

During the festival, pupils enjoyed taking part in a variety of Boccia and Curling activities with exciting twists on the traditional games. It was wonderful to see everyone trying new challenges and developing their skills in such a positive and supportive environment. Please visit our Instagram page to see photographs from the events.

Mr Anderson and I had a fantastic time, but here is what some of the children had to say:



- **"I had the best day ever!"**
- **"I liked that we could choose which curling activity to do. I liked knocking the ball off the target with the Boccia balls."**
- **"I love going to curling – I just love it so much!"**
- **"I loved travelling on the minibus to different places. I love Boccia and I'm good at it – I got it in the middle, the red and the blue!"**
- **"The blue team won – we played well!"**

Well done to all of our Key Stage 2 participants for their enthusiasm, determination and teamwork. We are very proud of you! Miss Bray

Celebrating Sport

Aiming High: KS2 Archers Hit the Mark!

This term, we are incredibly proud to celebrate the success of our Key Stage 2 archers, who recently represented our school at a local competition. Demonstrating our school values at every stage, the team showed determination, respect and excellent sportsmanship throughout the event. They represented our school impeccably and were a credit to us all.

The pupils who attended have taken part in our Target Club, previous archery clubs, and practised their skills during sports day activities. Their dedication and commitment truly paid off, with fantastic performances across the competition.

Our archers shared some of their highlights from the day:

- **“I tried my best to hit the target and if I didn’t get there I just tried again.”**
- **“I had such a good time, I love archery!”**
- **“We celebrated together when I hit the middle – YES!!!!!!”**
- **“I enjoy the competitions and I learn how to be good at archery.”**

It was wonderful to see such resilience, teamwork and enthusiasm on display. The children not only achieved great success but also supported and celebrated each other every step of the way.

Well done to all of our archers – you truly aimed high and hit the mark! 🎯



Children's News

On Saturday, Northampton Town celebrated all the girls and young women that are on their pathway.

Maisy and her team mates did a lap of honour around Sixfields at Half-Time, cheered and applauded by over 6,000 people!

Maisy said "On Saturday I was at the football ground to watch all the girls that play football for Northampton - I am trained by Northampton Town and I am inspired by the girls who are older than me and playing football at the next level.

It was lovely to celebrate and make everyone aware that girls can do what boys can do. I felt very proud of myself and it was good to be there, I'm really good at football and I am being trained to play professionally one day."

What a lovely experience for you and your team mates Maisy. Well done!



In other News...

Thank You, Mr Fierro!

This term, Kindness Class had a very special visitor – Mr Fierro, who joined them to complete part of his teacher training.



We would like to say a big thank you to Mr Fierro for all his hard work and the enthusiasm he brought to the classroom. He has been a wonderful part of our school community, and we are truly grateful for the time he spent with us.

We wish him every success as he continues his journey to becoming a fantastic teacher.

Thank you, Mr Fierro – Kindness Class will miss you!

P.E Change

Please note change for P.E first week back:

Tuesday 24th February 2026

- EYFS will have PE today
- No PE for Respect class today

Thursday 26th February 2026

- No PE for EYFS today
- Respect class will have PE today

Lucky Chucks



Looking for something different this half term? A parent has asked us to share this recently launched a fun new family friendly venue in Kettering. They are offering a promo for half term. They are offering food, drink and fun – from oversized pizza by the slice to retro entertainment and interactive games designed for groups, families and nights out.



ST. MARY'S PTA & FRIENDS

PTFA NEWS

WHAT'S
coming up

Next PTFA Meeting

Wednesday 4th
March 7pm
Everyone welcome!

Chocolate Bingo

20th March 6-8pm

Fun for all the family! Come along and win some amazing prizes!

£1 entry, £3 per game

Clothing Collection - date TBA

- Donations wanted. Please leave all clothing collections in the wheelie bin near the blue container at the high street gate

Unwanted Uniform

- If you have any unwanted good condition uniform (particularly logo!), please donate this to the PTFA. We are hoping to have another sale but need more donations! You can leave this near the blue container at the high street gate or contact the PTFA

Contact: stmarys.ptfa@yahoo.co.uk

Drop us an email if you need 2nd hand uniform or contact us on facebook

Going for Silver! ~ Healthy Schools Award

We're very proud to share that St Mary's is now working towards achieving the Silver Healthy Schools Award! 🌟

For the past two years, we've proudly held our Bronze Award, recognising our commitment to promoting health and wellbeing across the school. Now, we're ready to take the next step and go for Silver!

As part of this exciting journey, we'll be running a new project to encourage more children to get active, try new sports, and enjoy regular exercise. From fun fitness challenges to extra sporting opportunities, there will be lots of ways for everyone to get involved and stay healthy.

We can't wait to share our progress with you – and hopefully celebrate achieving Silver status by the end of the school year.



Check out the clubs we
are running next term.
Which one are you going
to sign up to?



Please book sports clubs through our Arbor portal. Logins can be re-sent, please contact the School Office.

Taskmaster Club is booked directly via the letter sent out each term by Mrs Grady.



If your child is interested in our music lessons please enquire with the School Office.

If your child is interested in choir, please contact the office.

Day / Time	Club	Year Groups
Monday AM - 8:00-8:45am	Archery, Boccia & New Age Kurling	All Years
Monday LUNCH -12:30-1:00pm	Prayer Club - KS1, starts 2nd March	Year 1/2
Monday PM - 3:15-4:15pm	KS1 Football	Year 1/2
Tuesday AM – 08:00-08:45am	Tag Rugby	Years 3-6
Tuesday AM – 09:50-11:00am	Woodwind/Recorder lessons	Years 1-6
Tuesday PM - 12:40-2:00pm	Guitar lessons	Years 2-6
Tuesday PM - 3:15-4:15pm	Dodgeball - <u>places are limited</u>	Years 3-6
Wednesday AM - 8:00-8:45am	Basketball	All Years
Wednesday AM - 9:00-10:00am	Strings	Years 3-6
Wednesday PM - 3:15-4:15pm	Choir (dates have been sent to parents)	KS1 or KS2
Thursday AM - 8:00-8:45am	EYFS & KS1 Gymnastics	EYFS to Year 2
Thursday PM - 3:15-4:15pm	KS2 Football	Years 3-6
Friday AM - 8:00-8:45am	KS2 Gymnastics	Years 3-6
Friday PM - 3:15-4:15am	Taskmaster	Years 1-6

RANDOM ACTS OF KINDNESS WEEK HALF-TERM CHALLENGE

16th-20th February 2026

Complete all 5 and you could WIN amazing prizes!

FIRST NAME:

AGE:

YEAR GROUP:

COMPLETED

DAY 1

SHHHHH...COULD YOU BE A SECRET
SPREADER OF KINDNESS?

Today, your mission is to do something kind for someone in your household, without them knowing it was you! Maybe you could make someone's bed, or tidy a sibling's toys away?



What I did

.....
.....
.....

How I felt

.....
.....
.....

COMPLETED

What I did

.....
.....
.....

How I felt

.....
.....
.....

DAY 2

THANK SOMEONE

Your mission today is to write a kind note (or draw a kind picture) for someone you know who you would like to thank. You can use our template or make your own. It could be a parent, a teacher, a sibling, a friend...anyone who has helped you in some way. Thanking people helps to let them know you appreciate what they do and that they matter to you. Your little note might make their day.



DID YOU KNOW?

Kindness is contagious, just like a cold. Scientists discovered that when you are kind to someone, that kind act can spread to up to 125 people!

DAY 3

BE KIND TO YOURSELF

When we think about kindness, we often think about doing something for others. But being kind to ourselves is just as important. It helps us feel happier (which makes us more likely to be kind!)

Today, your mission is to be kind to yourself... we'd like you to write down 5 things that you love about yourself. Maybe you're a good friend, maybe you make people laugh, maybe you're a good listener or fast at running. Whatever it is, write it in the space here and celebrate the wonder that is YOU.

5 things I love about myself

1.
2.
3.
4.
5.

COMPLETED



COMPLETED

What I did

.....
.....
.....

How I felt

.....
.....
.....

DAY 4

SAVE THE WORLD

Being kind to people helps to create a better world...but being kind to the planet will give us a world to live on.

Today's mission is to do something to help the environment. Some ideas could be to plant some wildflower seeds to help bees and butterflies, save energy by turning things off when we're not using them, or ask your adult if you can walk or cycle instead of using the car.



DAY 5 HELP US TO HELP A YOUNG CARER

COMPLETED



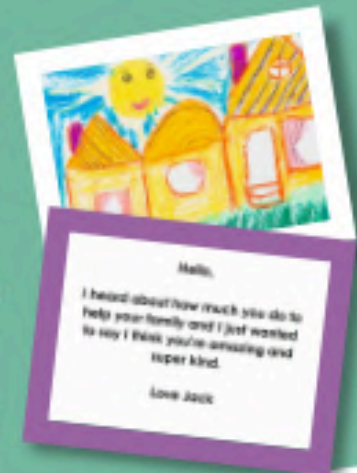
A **Young Carer** is a child who helps look after someone in their family, like a parent or sibling. They usually do this because that person might be ill or need extra help. They might do jobs at home, remind someone to take medicine, or keep them company — which can mean they have less time to play or relax.

For your final challenge, we'd love you to write a letter or make a card to tell a Young Carer how kind and amazing they are!

All you need to do is write a letter, make a card or draw a picture and send it to us along with this Challenge Sheet and we will pass them along.

What should you write? Anything kind that would put a smile on their face. Try to imagine what you would like someone to say to you if you were them.

(Please just use your first name and make sure not to share any personal details about where you live or what school you go to etc.)



DID YOU KNOW?

When we are kind,
it releases feel-good
chemicals in our brain
and helps us feel happier.



WHAT'S NEXT?

Deadline for entries:
1st March 2026

If you're doing this activity for school, give your completed challenge sheet to your teacher. Otherwise, ask a grown up to post or email it to us:

52 Lives – School of Kindness
PO Box 3154 Reading, RG1 9AT
Email: schools@52-lives.org

PRIZES...

The winner will receive:

- A £20 book or toy voucher
- A 1 year subscription to the Happy Newspaper plus a kind book bundle for your school library



Everyone is welcome to take part but only children in the UK in Key Stages 1 or 2 will be eligible to win prizes. Only one entry per person may be submitted. Entries will be judged by the 52 Lives CEO, Jaime, and Director of Kindness, Greig. For the full terms and conditions, visit <https://schoolofkindness.org/kindnesschallenge>

PSSSTTT - YOU'VE ALREADY WON!

If you don't happen to win a prize, just remember...when you're kind, it makes your mind and body healthier and happier, and creates a kinder world.
That's the best prize of all.

CONTACT DETAILS... (TO BE COMPLETED BY THE CHILD'S PARENT / GUARDIAN OR TEACHER)

These details will only be used to send prizes, unless you indicate below that you would like to subscribe to our newsletter or join our Kids' Kindness Club.

Name of Teacher / Parent / Guardian

Name of School

Postal address

Email address

Telephone number

- ☐ I am interested in joining the free Kids' Kindness Club (we will send you details of how to join)
- ☐ I would like to subscribe to the free School of Kindness monthly email newsletter (you can unsubscribe at any time)
- ☐ I confirm the child has completed the activities detailed above. I have read the privacy notice (<https://schoolofkindness.org/privacy-policy>) and consent to the processing of my personal data.

Safeguarding: 52 Lives is committed to safeguarding and promoting the welfare of children. We have a duty to share information that is disclosed to us with other agencies where we have safeguarding concerns, in line with legislation. For our full safeguarding policy, visit: <https://tinyurl.com/y6lhootn>

www.schoolofkindness.org

www.kidskindnessclub.org

DID YOU KNOW?

Kindness slows the ageing process and helps us live longer.

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52LIVES
SCHOOL OF KINDNESS



DEAR

THANK YOU SO MUCH FOR...

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.....

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FROM

