

## **Sports Premium 2018-2019**

At St Marys C of E Primary Academy we are passionate about inspiring students to participate in and enjoy physical activity, as well as recognise the importance of active and healthy lifestyles. We wish to provide this through differentiated and effective teaching which seeks to move forward, provide competitive opportunities for children, engage their enthusiasm and develop their passion in a range of sports and disciplines. Our commitment and achievement to this were acknowledged in 2017 when we were awarded School of the Year at the Kettering Sports Awards. In addition we have progressed through School Games mark awards progressing from bronze, silver and gold in three consecutive years, and maintained the gold award 2017-2018.

Staff and PR Sports Coaching Coaches aim to provide children with a high standard of learning that should be expected from them in every lesson. Our desire is to ensure sporting opportunities are vast, and that they may remain an enriching experience for children attending our school.

Sports Premium funding has provided our School with £18740 to invest into Physical Education, Physical Activity, and School Sport. 'Schools must spend the additional funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this'. (DFE website)

Uses for the funding will include:

- Working alongside PR Sports Coaching, PE specialists to support School Staff in their teaching of PE.
- Access to OFSTED approved PE training courses and resources.
- Purchase of additional and varied PE equipment.
- Access for all lower key stage two pupils to participate in curriculum swimming lessons.
- Encouragement of leadership roles within curriculum activities.
- Supporting and engaging the least active children through new or additional extra-curricular clubs.
- Running sport competitions, or increasing pupils' participation in the School Games.
- Providing places for pupils on after school sports clubs and holiday clubs.

- Establishing links with sports clubs in the local community to promote pathways and encourage pupil to continue their participation in sports outside of school.
- To promote healthy lifestyles to all pupils.

### **Physical Education**

Physical education is education through physical activity; its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

We have recently invested in REAL PE training and resources, an OFSTED approved scheme of work, which aids Staff with the tools to develop and nurture the whole child via physical activity and PE. A physical literacy that allows Pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

### **School Sport and Healthy Lifestyles**

Through a focus on ensuring physical education at St Marys C of E Primary Academy we provide pupils with access to a minimum of 30minutes of physical activity every day, as well as build the foundation for future participation and performance in sport.

Change 4 Life clubs lead by PR Sports Coaching coaches encourage all year groups and children that do not usually take part in extra curricula sport to feel successful when taking part in physical activities. The clubs will enabled these children to grow in confidence and develop a sense of enjoyment when taking part in sporting activities.

Pupils are encouraged to be active during lunchtimes, before and after-school clubs. Extra Curricular sports clubs have seen a rise in participation with all children being encouraged to participate in a range of activities. A wider range of extracurricular sports clubs will be offered to cater for all pupils' interest, and allow opportunity to try new activities.

Sporting achievements will continue to be celebrated in whole-school assemblies to promote the importance of PE. As well as encourage all pupils to aspire for success and continue to increase participation in a variety of sporting activities.

Inter and Intra School competitions will again take place throughout the academic year, with all pupils in years 1-6 taking part in a minimum of 2 Intra School sports competitions. Pupils will be invited to represent St Marys C of E Primary Academy in Inter school sports competitions. We plan to enter 13 Intra school tournaments and leagues as well as set up fixtures against local schools, with a target of allowing opportunity for all year 5-6 pupils chance to take part in a competition and represent the school. Building confidence, self esteem, team work and pride in their participation.

Leadership roles are constantly encouraged as part of pupil's academic studies. In extension to this year 6 pupils are encouraged to attend Young Leaders training. Pupils who complete the training will be encouraged to take in an active leadership role within School, and assist staff in promoting active and healthy lifestyles to younger peers. Sports Leaders/Sports Ambassadors will assist in organising and delivering active play during lunchtimes, assist with Sports day and plan, officiate and assist in running various Intra school competitions.

Club links will be established to promote local sports teams/clubs, to promote further participation in sporting activities and healthy lifestyles.

Whole school Festivals and visits from professional athletes have been planned. Athletes will deliver a whole school assembly and deliver a small workshop to each class to allow a taster and insight into their sport and their sporting success. These days aim to promote commitment and desire to achieve and perform, inspiring pupils to work hard and achieve their dreams.

Key achievements to date:	Areas for further development:
<ul style="list-style-type: none"> <li>• Sainsbury's school games gold award (2019 update – silver)</li> <li>• 71% of participation at a sporting club</li> <li>• 100% children participated in intra sports competition</li> <li>• C4L club targeting less active pupils</li> <li>• Highlighting of sports opportunities, competitions and the need for physical activity</li> <li>• Swimming provision for year 3 (non swimmers)</li> <li>• Sports visitors in to raise aspirations and inclusivity</li> <li>• Sports ambassadors play an active part in sport and physical activity in school</li> <li>• Tracker app to track children's assessment in PE and involvement in clubs and competitions</li> </ul>	<ul style="list-style-type: none"> <li>• Swimming for ALL children who can't swim beyond year 4</li> <li>• Sustaining gold award</li> <li>• More young leaders to meet new gold award criteria</li> <li>• More B and C teams to competitions</li> <li>• Further involvement with the PESSPA</li> <li>• Broader range of sports (unusual/less common sports)</li> <li>• Further active playtimes (ensuring 30 mins per child per day)</li> <li>• Competence of teachers delivering PE lessons</li> <li>• Teachers assessment of PE competency</li> </ul>

<b><u>Meeting national curriculum requirements for swimming and water safety.</u></b>	<b><u>Please complete all of the below:</u></b>
What percentage of your current year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	100%
What percentage of your current year 6 cohort use a range of strokes effectively?	56%
What percentage of your current year 6 cohort perform safe self-rescue in different water based situations?	72%
Schools can choose to use the Primary and Sports premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Not for year 6 (This was planned but didn't happen and is a priority for 2019/20)

## 2018-2019 Sports Premium Funding Plan

Academic year: 2018/19	Total fund allocation: £ 18740	Date updated: September 2019			
<b>Key indicator 1:</b> The participation of children with low confidence or low attainment in PE					
<b>Aim:</b>	<b>Actions to achieve:</b>	<b>Investment</b>	<b>Desired outcome</b>	<b>Signs of success</b>	<b>Sustainability and suggested next steps</b>
To target children who do did not previously participate in extracurricular sports clubs/activities and children with low confidence in PE.	<ul style="list-style-type: none"> <li>• Use tracker data to identify pupils</li> <li>• Find pupils likes/dislikes and plan events/clubs around this</li> <li>• Purchase equipment to support the delivery of these activities</li> </ul>	£8738.10  (new equipment, free club places for children, sport coach fee and tracker assessment app)	To increase participation overall, with a target to have all pupils in years 1-6 participate in a minimum of one extracurricular club by the end of the year (in school or external).	Participation for year 5/6 pupils attending extra-curricular sports clubs (for a minimum of one term) raised from 24% to 71.3%.  60.1% of all pupils EYFS-Year 6 participated in after school sports clubs.  Pupils who had not previously participated in any extra curricular sports clubs were invited to partake in lunchtime change 4 life clubs. 18.2% of pupils regularly participated in change 4 life clubs, that did not previously	Train young leaders and other staff members to ensure sustainability should funding stop and can't afford outside coaches.  Use tracking data to ensure the selected children do continue to participate in sport and physical activity.

				<p>participate in any clubs.</p> <p>All before and after school clubs saw a significant rise in participation, where pupils had been engaged in change 4 life and then when onto participate in other clubs.</p>	
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<b>Key indicator 2: Ensure all KS2 children are competent swimmers in a variety of strokes and can self-rescue</b>					
<b>Aim:</b>	<b>Actions to achieve:</b>	<b>Investment</b>	<b>Desired outcome</b>	<b>Signs of success</b>	<b>Sustainability and suggested next steps</b>
Key stage 2 pupils who are not competent swimmers, able to perform varied strokes, successfully swim 25 metres will be provided opportunity for additional tutorial.	<ul style="list-style-type: none"> <li>Identify those children who can't yet swim 25 metres</li> <li>Swimming lessons delivered by Swim specialist instructors at Nene Centre Thrapston</li> </ul>	£1862  (coach, teacher and pool hire)	To ensure all children leave Year 6 able to swim a minimum of 25 metres and can self rescue if needed	All children from year 4 can swim confidently over 25 metres and self rescue if needed.	This needs to be a key priority for 2019 for year 5 and 6 and extended swimming opportunities in year 3 and 4.



**Key indicator 3:** Create a sports ambassador team to give pupil voice to PE and sport

Aim:	Actions to achieve:	Investment	Desired outcome	Signs of success	Sustainability and suggested next steps
<p>Young leaders become competent at planning and delivering sessions for other children at lunchtimes.</p> <p>Young leaders to be easily identifiable.</p> <p>Young leaders to promote positive role models within school.</p> <p>Young leaders to promote lunchtime sports activities.</p>	<ul style="list-style-type: none"> <li>• Promote in Collective worship the chance to become a sports ambassador</li> <li>• Choose children to become sports ambassadors</li> <li>• Train children in becoming sports ambassadors and play leaders.</li> <li>• Weekly meetings with the sports ambassadors to train and support.</li> </ul>	<p>£953.43</p> <p>(Training for the children, trainer and leader uniforms)</p>	<p>Promote confidence, maturity and leadership in sport. Each year group to have access to organised physical activities on lunchtime per week, delivered by young leaders.</p> <p>Leaders and Ambassadors to be identifiable within school.</p> <p>Leaders and Ambassadors to feel pride at being given their roles.</p> <p>For peers to aspire to also become a leader or sports ambassador</p>	<p>15 pupils successfully completed their leadership programme and actively/regularly assisted with sports activities and competitions.</p> <p>Increased lunchtime participation from children.</p> <p>3 successful collective worships delivered by sports ambassadors (2 independently)</p>	<p>More ambassadors need to be trained (and from lower down the school) to ensure we meet gold criteria and sustain children for the future.</p> <p>Member of staff to shadow sports coach to ensure school can sustain it should the funding stop and we can't afford to use coaches.</p>

<b>Key indicator 4: increased participation in competitive sport at all levels</b>					
<b>Aim:</b>	<b>Actions to achieve:</b>	<b>Investment</b>	<b>Desired outcome</b>	<b>Signs of success</b>	<b>Sustainability and suggested next steps</b>
Children who have never been to a sports competition to be given the opportunity to attend at least a level 1 competition.	<p>To provide sport specific training to help prepare pupils who are invited to participate in Inter School competitions, to allow them to compete with knowledge and experience in the sport/discipline.</p> <p>To enter B teams in a minimum of 3 competitions and c teams in a minimum of 2 inter school competitions.</p>	<p><b>£4220</b></p> <p>(Sport Specific coaching and training for Inter School competitions)</p>	<p>Children to be confident when participating in Inter School Competitions. To decrease anxiety and overcome a possible barrier to participation.</p> <p>To ensure a minimum of 50% of year 5/6 pupils have attended an inter school competition.</p>	<p>Children attended competitions feeling confident having received sport specific practice sessions. Pupils understood the rules of the games/activities before attending which eased pre competition anxiety.</p> <p>St Marys C of E Primary Academy was represented in 14 inter school competitions, and entered 25 teams (A, B and C teams). In total 179 pupils actively participated in a level 2 inter school competition. In addition the school also participated in a termly year 5/6 Football and netball league.</p>	<p>School clubs to be delivered as training for sports competitions.</p> <p>Increase the participation for gold award criteria.</p> <p>Staff to lead clubs not coaches to ensure sustainability should the funding stop.</p>

				78.41% of year 5/6 pupils participated in an inter school competition. 100% of pupils in all years participated in a minimum on one intra school competition.	
Increased participation within the Kettering sports partnership		<b>£1400</b> (Kettering School Sports Partnership, PR Sports Coaching School Sports and PDET Inter School Competitions)	<p>Children aspire to become better at a sport or physical activity</p> <p>To inspire children to participate in sports and believe they can overcome barriers, improve and be successful. Deliver a whole school assembly, and provide a sports workshop to allow all pupils to try Archery.</p> <p>Pupils experience healthy competition. Pupils experience pride and achievement in representing St Marys C of E Primary</p>	<p>Pupil and staff feedback very positive.</p> <p>Meeting with PE and school sports developer Paul Smith on how we can move forward with the partnership.</p>	<p>Due to KSSP changes – participation was limited – become more involved moving forward with the new partnership.</p> <p>Attend termly meetings to keep up to date with partnership news.</p>

			<p>Academy at sporting events.</p> <p>Every pupil to have participated in a minimum of one intra school competition.</p> <p>For a minimum of 50% of year 5/6 pupils to have accessed an Inter School event.</p>		
<p>Raise awareness of other sports and aspirations for budding sports stars</p>		<p>£66 (Basketball taster session)</p>		<p>Experienced a taster training session for speed skating and importance of core strength and balance. Workshop and assembly was engaging, giving pupils opportunity to ask questions.</p> <p>Raised in total £915 via sponsorship.</p> <p>Resulting in £332.50 in vouchers for school sports equipment.</p>	<p>Raise aspirations and awareness of a different sport – perhaps with an ‘inclusive’ theme (Paralympian).</p> <p>Create links with local sports clubs – in particular sports with less exposure.</p>

<b>Key indicator 5: Ensure sufficient equipment available for PE lessons, active lunchtimes and sports clubs</b>					
To ensure adequate and suitable resources are available for the teaching of the PE curriculum and delivery of school sports clubs	Audit current PE equipment. Identify equipment needed for PE lessons and sports clubs. Purchase equipment ensuring get best deal	£1710 (Real PE training, equipment audit and inspection, coaches to run clubs)	All areas of the PE curriculum are delivered by staff using the correct and appropriate equipment.	Purchased Sports Podium, pop up targets/goals, table tennis table, footballs, netballs, cones, sports day and multi skills equipment, that can be utilised for Sports day, intra school competitions, extra curricular clubs and lunchtime activities.	Staff have equipment but not yet sure of best use of some of these – further training needed.